

## ABSTRACT

The invention includes a moving step of moving a piston to a target position by supplying and discharging compressed  
5 air to and from pressure chambers on opposite sides of the piston of a pressure cylinder by driving servo valves by a controller, a clamping step of allowing a pressure member at a tip end of a piston rod to touch a workpiece softly in this target position, and a pressing force applying step of pressing the workpiece  
10 with the pressure member in a required force.